



Board of Commissioners

PRESS RELEASE

lakecountyohio.gov

FOR IMMEDIATE RELEASE: April 29, 2026

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Lake County Seeks Volunteers to Support Older Adults Through Key Programs

PAINESVILLE, Ohio, April 29, 2026– Lake County is calling on community members to make a meaningful difference by volunteering with three vital programs serving older adults: Phone Pal, Meals on Wheels, and Helping Hands for Seniors.

These programs provide essential support to older residents, helping them remain independent, connected, and safe in their homes. Volunteers play a critical role in delivering meals, offering friendly check-in calls, and assisting with everyday tasks that can become more challenging with age.

Phone Pal volunteers provide regular phone calls to older adults, offering companionship and reducing social isolation. Meals on Wheels volunteers deliver nutritious meals while also serving as a friendly face and wellness check. Helping Hands for Seniors volunteers assist with light household tasks and errands that support safe, independent living.

“Volunteers are the backbone of these programs,” said Commission President Morris W. Beverage III. “A simple phone call, a delivered meal, or a helping hand can make a profound difference in someone’s life.”

“These opportunities allow residents to directly support their neighbors. It’s about building connections and ensuring that no older adult feels forgotten,” said Commissioner John T. Plecnik

Commissioner Morgan R. McIntosh added, “We know people want to give back but don’t always know where to start. These programs offer a clear, meaningful way to get involved and see the impact firsthand.”

Residents interested in volunteering can explore these and many other opportunities through the Lake County Volunteer Network (LCVN), funded in part by AmeriCorps Seniors.

LCVN serves as a one-stop hub that connects individuals aged 55 and older with volunteer roles that match their time, talent, and interests. From one-time projects to ongoing service, LCVN makes it simple to get involved without the hassle of navigating multiple agencies.

Visitors can now watch the newly released [LCVN introductory video](#) on the Lake County website to see how easy it is to get started and hear firsthand how volunteers are making an impact across the community. <https://www.lakecountyohio.gov/senior-services/videos/>

Volunteers benefit from added support, including supplemental medical insurance, free Laketrans Dial-a-Ride transportation to assignments, and opportunities to connect with others through special events.

To learn more about volunteering with Phone Pal, Meals on Wheels, Helping Hands for Seniors, or to explore additional opportunities through the Lake County Volunteer Network, visit the [Lake County website \(Senior Services Department\)](#), call (440) 350-2560, or email lcvn@lakecountyohio.gov.

A limited-time \$50 incentive gift card is available for new Meals on Wheels and Helping Hands for Seniors volunteers, thanks to funding from the AmeriCorps Seniors RSVP grant.

Now is the perfect time to give back. Your time can make a lasting difference in the life of an older adult in Lake County.

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